

**Spiritual Life in Christ**  
August 20, 2023 – Ephesians 4:4-6  
**There Is One**

One Spirit in us

One Lord with us

One Father over us

**Reflections**  
Ephesians 4:4-6

**Hear the Word**

1. What is this passage telling me about who God is (His character, actions, attributes, Word)?
2. What themes do I see here, and how do any of those connect with what I am currently facing?
3. What is the main purpose of this passage, and does it bring other passages to mind?
4. What am I challenged, encouraged, affirmed, or rebuked by here?
5. How does this passage point me to Jesus, and help me to see the gospel more clearly?

**Do the Word**

1. How do my actions, thoughts, words or emotions need to change in light of this passage?
2. How does my prayer life need to change as a result of this?
3. What do I need to repent of or confess to God? What do I need to confess to someone else?
4. Do I see any other way that this should impact my worship of God?

**Next week: Ephesians 4:7-10**

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