

Psalms: A Prayer Book for All of Life
June 22, 2025 – Psalm 40
Unrestrained

Praise from us

Evil against us

Love and mercy for us

Reflections
Psalm 40

Hear the Word

1. What is this passage telling me about who God is (His character, actions, attributes, Word)?
2. What themes do I see here, and how do any of those connect with what I am currently facing?
3. What actions are encouraged or celebrated?
4. What is the main purpose of this passage, and does it bring other passages to mind?
5. How does this passage point me to Jesus, and help me to see the gospel more clearly?

Do the Word

1. How do my actions, thoughts, words or emotions need to change in light of this passage?
2. What is one practical step I can take this week to obey what God is saying here?
3. What evidence of God's work in my life do I need to thank and praise Him for?
4. Do I see any other way that this should impact my worship of God?

Next Week: Psalm 46