

Psalms: A Prayer Book for All of Life

July 27, 2025 – Psalm 90

Time Does Not Heal All Wounds

Message for today – God is forever, so you cannot wait out your need for His mercy

Consider the foreverness of God

Consider the power of God's anger against sin

Consider the implications of how short our days are

Reflections

Psalm 90

Hear the Word

1. What is this passage telling me about who God is (His character, actions, attributes, Word)?
2. What does it tell me about the original audience, or about the nature of sin?
3. What is the main purpose of this passage, and does it bring other passages to mind?
4. What am I challenged, encouraged, affirmed, or rebuked by here?
5. How does this passage point me to Jesus, and help me to see the gospel more clearly?

Do the Word

1. How do my actions, thoughts, words or emotions need to change in light of this passage?
2. How does my prayer life need to change as a result of this?
3. What relationships has God brought to mind that need to change?
4. What do I need to repent of or confess to God?

Next Week: Psalm 100