

**Spiritual Life in Christ**  
October 1, 2023 – Ephesians 4:20-24  
**The Way of Learning Christ**

Hearing and being taught

Put off the old self

Put on the new self

**Reflections**  
Ephesians 4:20-24

**Hear the Word**

1. What does it tell me about the original audience, or about the nature of sin?
2. What themes do I see here, and how do any of those connect with what I am currently facing?
3. What actions are being commanded, encouraged, celebrated, prohibited, or warned against?
4. What is the main purpose of this passage, and does it bring other passages to mind?
5. How does this passage point me to Jesus, and help me to see the gospel more clearly?

**Do the Word**

1. How do my actions, thoughts, words or emotions need to change in light of this passage?
2. What evidence of God's work in my life do I need to thank and praise Him for?
3. What do I need to repent of or confess to God?
4. How does my prayer life need to change as a result of this?

**Next week: Ephesians 4:25-29**

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